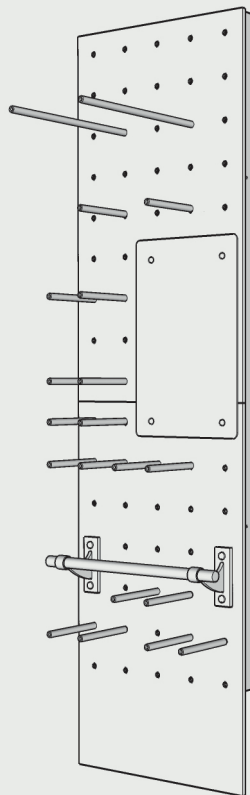


myWall®

GYM 1 INSTALLATION GUIDE



Recommended Additional Items:

- Level
- Tape measure
- Stud finder
- Drill
- Pencil
- Wall mounting hardware

myWall.

GYM 1

WARNING:

Prior to mounting french cleat onto wall, check for proper mounting anchors to use. (drywall, metal studs, wood studs, or concrete block will all need different hardware)

WARNING:

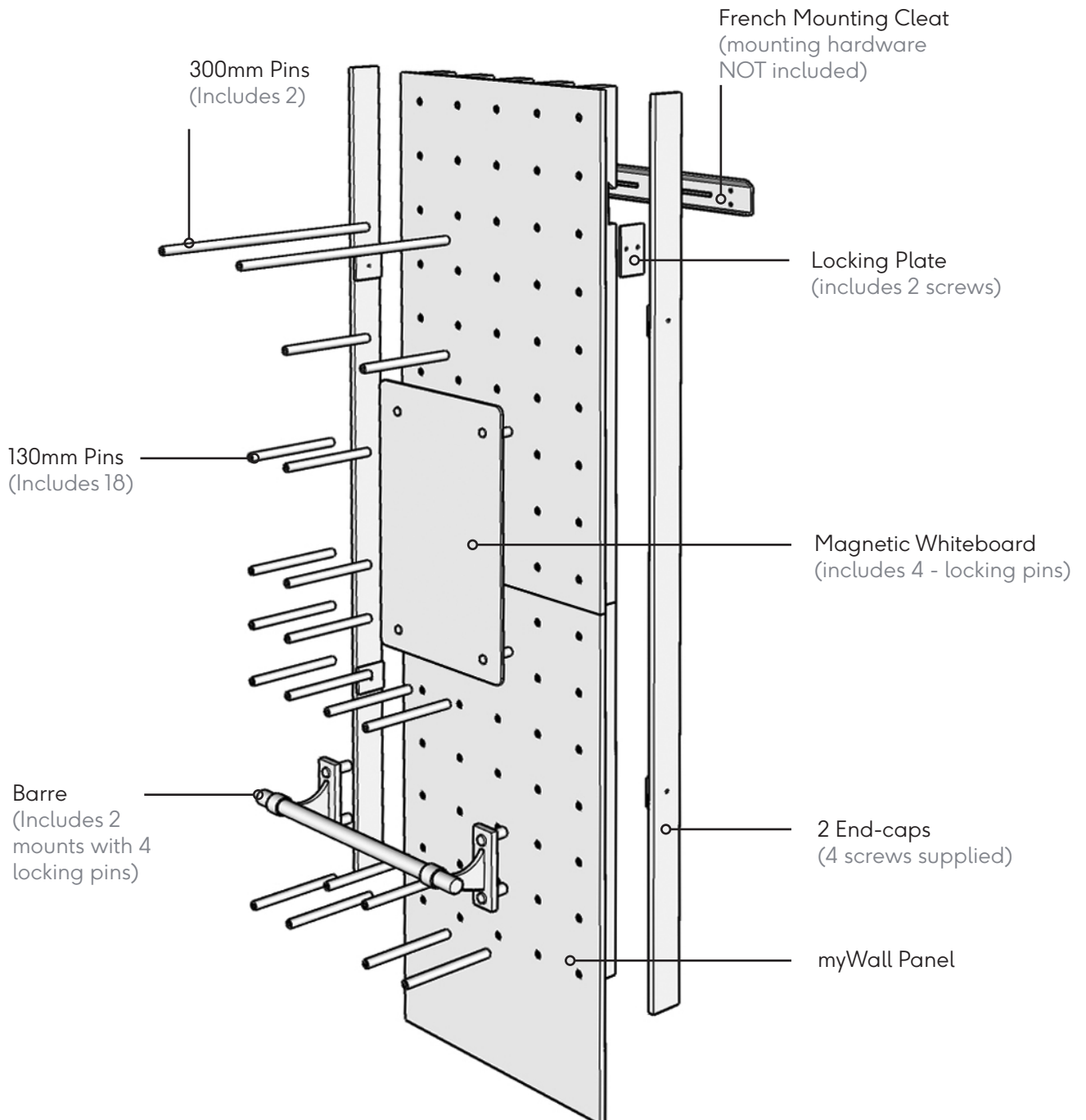
Recommended use of side locking plate on walls after installation of each individual panel (this ensures the safety of panel attaching securely to french cleat)

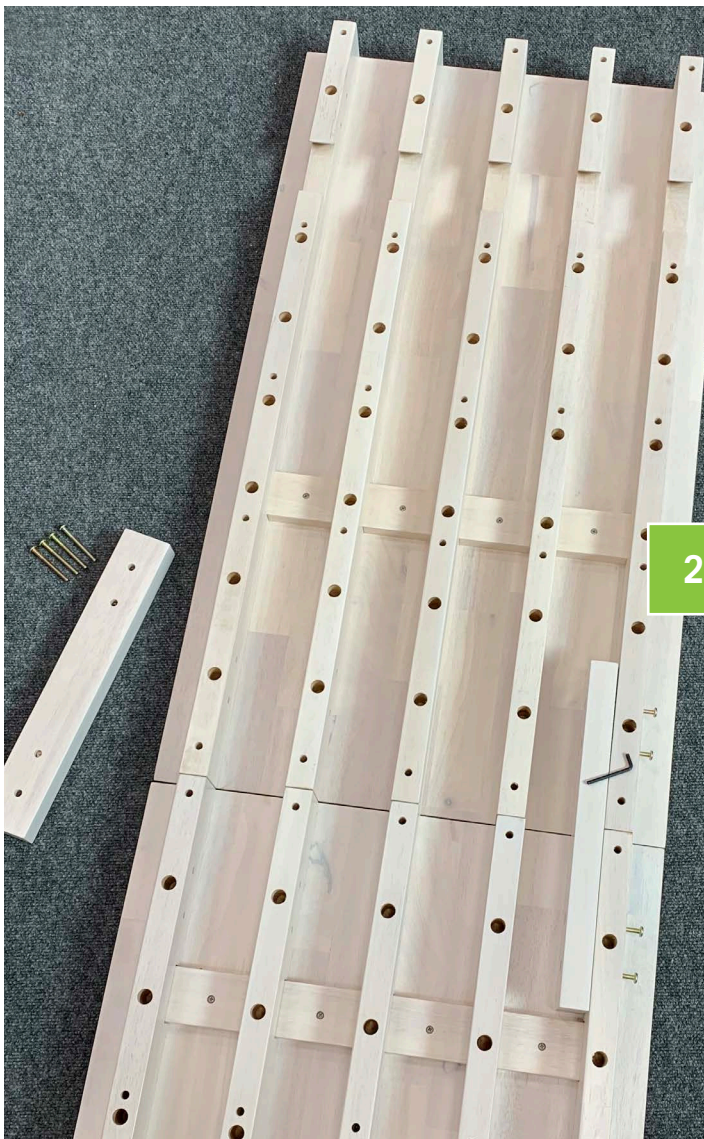
STEP

1

Unpack boxes

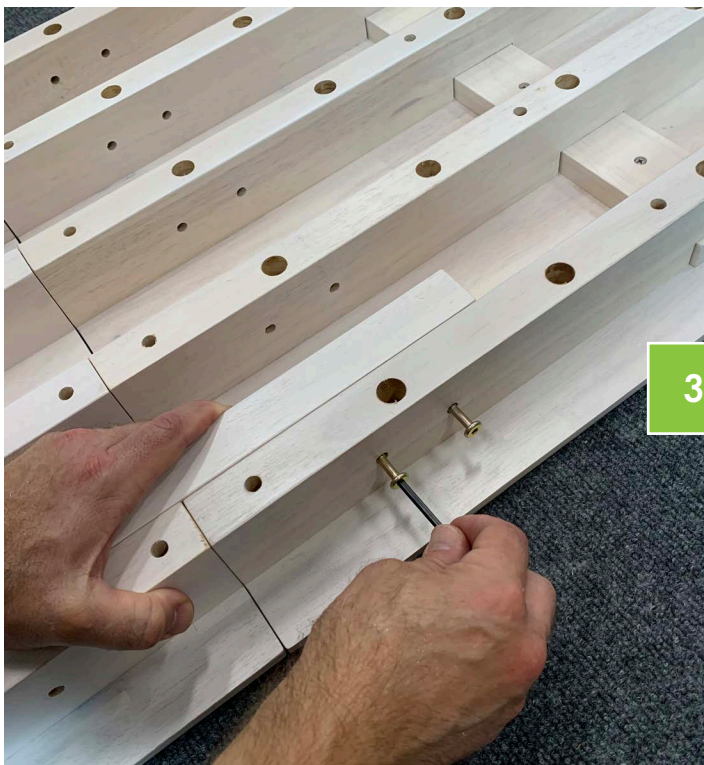
(Ensure all parts are included for your wall installation)





Lay myWall panel face down on a clean floor. Place both top and bottom sections next to each other. Top section has the cut-outs for the french cleat mounting at the top. The bottom panel has a lower open section at the bottom.

(2 wooden blocks and 8 furniture screws are provided with your myWall panel set)



Attach connector blocks to fasten top and bottom of your myWall panel together.

(Easiest to place both top and bottom panels face down on floor, slide the top and bottom sections together and then attach 2 wood connector blocks)



4

Locate metal or wood stud locations on wall for mounting.

(Recommended use of a stud finder)

WARNING: Check for plumbing or electrical locations within wall.



5

Mark location for French Cleat.

French cleat height from floor to base of cleat can depend on use of panels.

Recommended height is **83.5 inches** from floor to **bottom** of french cleat.

(Ensure that French Cleat mounts level)

(Ensure to shim if needed for cleat to be perfectly flat on wall)



6

Secure French Cleat to desired location with correct mounting hardware. (not supplied)

Ensure that your cleat mounts level

(Correct mounting hardware will depend on overall wall structure used for mounting. Mount directly into wood studs, metal studs, concrete block etc.) (Do not mount into drywall only) (use any hole or slot on french cleat to mount) (mount with a minimum of 2 screws)



7

Place your myWall panel on french cleat.



8

Attach safety locking plate to left or right side of mywall panel.

(Locking plate is only needed on one side of the panel)



9

Attach end-caps to each outer edge side of your myWall panel set.

(2 screws are supplied for each side)
(The end-caps are used to hide the view of the hanging cleat hardware)

10

Attach your accessories to the panel and ENJOY.

RENEWABLE RESOURCES

The myWall system uses rubber wood, a renewable and sustainable byproduct of the latex industry.

Reduce: We work with our manufacturing partners to ensure we are leaving as small a carbon footprint as possible.

Re-use: Our products are durable and designed to last, cutting down the need to discard our products and purchase new ones.

Recycle: Our products and components use recyclable materials.



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